



child parent institute

building brighter futures for our children and families

summer class schedule 2019

May

Mindfulness Program for Parents and Children (ages 10+)

\$90 | 6 sessions

Mondays | May 6 - June 17 | 6:00-8:00pm

Parenting Apart Without Tears

\$60 | 3 sessions

Thursdays | May 9 - 23 | 5:30-7:30pm

Positive Parenting for Fathers

\$60 | 3 sessions

Wednesdays | May 15 - 29 | 6:30-8:00pm



June

Parenting Teens Series

\$60 | 3 sessions

Tuesdays | June 4 - 18 | 6:00-8:00pm

Raising Resilient Children

Kaiser Medical Office Building 2

401 Bicentennial Way, Santa Rosa

\$15 for Kaiser members | 1 session

\$20 for non-members | 1 session

Wednesday | June 5 | 6:00-8:00pm

Managing Family Anger

\$60 | 3 sessions

Thursdays | June 6 - 20 | 6:30-8:30pm

Handling Anger: Mine and My Child's

\$90 | 6 sessions

Tuesdays | June 11 - July 16 | 6:00-8:00pm

Raising Responsible Young Adults

\$20 | 1 session

Wednesday | June 12 | 6:30-8:00pm

Raising Sons

\$20 | 1 session

Thursday | June 13 | 5:30-7:30pm

Single and Parenting

\$60 | 3 sessions

Fridays | June 14 - 28 | 6:30-8:30pm

Positive Parenting (ages 2-12)

\$90 | 6 sessions

Wednesdays | June 19 - July 24 | 6:30-8:00pm



July

Raising Daughters

\$20 | 1 session

Monday | July 8 | 6:00-8:00pm

Parenting Apart Without Tears

\$60 | 3 sessions

Thursdays | July 11 - 25 | 5:30-7:30pm

Parenting and Coping with Stress

\$90 | 6 sessions

Fridays | July 12 - August 16 | 6:30-8:00pm

Imagine You

\$20 | 1 session

Thursday | July 18 | 6:00-7:30pm

August

Embracing Your Child with ADD/ADHD

\$20 | 1 session

Tuesday | August 6 | 6:00-8:00pm

Positive Parenting for All Ages

\$70 | 4 sessions

Wednesdays | August 7 - 28 | 6:00-8:00pm



Managing Family Anger

\$60 | 3 sessions

Thursdays | August 15 - 29 | 6:30-8:30pm

Raising a Child with an Ex-Partner

\$20 | 1 session

Thursday | August 15 | 5:30-7:30pm

Raising Resilient Children

Kaiser Medical Office Building 2

401 Bicentennial Way, Santa Rosa

\$15 for Kaiser members | 1 session

\$20 for non-members | 1 session

Wednesday | August 21 | 6:00-8:00pm

Single and Parenting

\$60 | 3 sessions

Fridays | August 30 - September 13 | 6:30-8:30pm



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to register for classes: visit calparents.org/ classes or call (707) 585-6108 x1240. Full payment is due at time of registration. Unless otherwise noted, all classes are held at 3642 Standish Avenue, Santa Rosa, CA 95407.

summer class schedule 2019

Triple P Online

Triple P Online (ages 2-12) or
Teen Triple P Online

\$100 | 6-8 week online class

Great for parents on the go! Includes the assignment
of an experienced parent educator.

For more information, please call
(707) 585-6108 x1240.



Create Your Own Parenting Class

Meet with an experienced parent educator
for a one-on-one consultation either
on site at CPI or in your home.

\$30 for 1/2 hour at CPI or over the phone

\$50 for 1 hour at CPI or over the phone

\$100 per hour in your home

Call (707) 585-6108 x1240 to schedule.

Co-Parent Counseling

Sliding scale \$40-\$80 per parent

Monday - Friday during business hours,
9:00am - 5:00pm.

For more information, please contact
Dayna Adams at (707) 585-6108 x1146.

Support Groups

Parents of Children with Autism
and Similar Issues

FREE | Drop in, no registration required

1st Thursday of every month (No group in July)

Thursday | May 2 | 9:00-11:00am

Thursday | June 6 | 9:00-11:00am

Thursday | August 1 | 9:00-11:00am



Parenting Through Recovery
from North Bay Fires

A drop-in group for parents who have lost their
homes in the recent fires.

FREE | Drop in, no registration required

Friday | May 10 | 9:00-10:30am

Friday | July 12 | 9:00-10:30am

Friday | August 9 | 9:00-10:30am



HEALTHCARE
FOUNDATION
NORTHERN SONOMA COUNTY

horario de clases verano 2019

Clases en Español

Aprendiendo a Manejar Mi Enojo y el de
Mis Hijos

\$70 | 4 sesiones

Lunes | 3 al 24 de Junio | 6:00-8:00pm

Criando un Niño con una Ex-Pareja

\$20 | 1 sesión

Martes | 11 de Junio | 6:30-8:30pm

Imagine You (En Español)

\$20 | 1 sesión

Jueves | 20 de Junio | 6:00-7:30pm

Disciplina Positiva

\$60 | 3 sesiones

Miércoles | 26 de Junio al 10 de Julio | 6:00-8:00pm

Manejando Conflicto Familiar

\$40 | 2 sesiones

Jueves | 18 al 25 de Julio | 6:30-8:30pm

Disciplina en Dos Hogares

\$20 | 1 sesión

Jueves | 25 de Julio | 6:00-8:00pm



FOLLOW US ON
SOCIAL MEDIA!



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para registrarse: Regístrese via internet en
www.calparents.org/clases, o llame al (707) 585-6108 x 1240. El
pago de la clase es requerido al momento de registrarse. Todas
las clases tomaran lugar en 3642 Standish Avenue, Santa Rosa,
CA 95407. Al menos que se indique algo diferente.