



child parent institute

building brighter futures for our children and families

spring class schedule 2020

January

Embracing Your Child with ADD/ADHD

\$20 | 1 session

Tuesday | January 14 | 6:00-8:00pm

Parenting Apart Without Tears

\$60 | 3 sessions

Thursdays | January 16 - 30 | 6:00-8:00pm

Raising Sons

\$20 | 1 session

Wednesday | January 22 | 6:00-8:00pm

Parenting & Coping with Stress

\$90 | 6 sessions

Fridays | January 24 - February 28 | 6:30-8:00pm

Managing Family Anger

(for parents of children 6+)

\$60 | 3 sessions

Tuesdays | January 28 - February 11 | 6:30-8:30pm

Raising a Child with an Ex-Partner

\$40 | 2 sessions

Wednesdays | January 29 - February 5 | 6:30-8:30pm

February

Parenting Advanced Learners

\$120 | 6 sessions

Tuesdays | February 4 - March 10 | 9:30-11:00am

Parenting Advanced Learners

Santa Rosa Accelerated Charter School

4650 Badger Rd, Santa Rosa - Room 1

\$120 | 6 sessions

Tuesdays | February 4 - March 10 | 6:30-8:00pm

Parenting Teens Series

\$60 | 3 sessions

Tuesdays | February 4 - 18 | 6:00-8:00pm

Raising Resilient Children

Kaiser Medical Office Building 2

401 Bicentennial Way, Santa Rosa

\$15 for Kaiser Members | 1 session

\$20 for Non-Members | 1 session

Wednesday | February 5 | 6:00-8:00pm

Positive Parenting (ages 2-12)

\$90 | 6 sessions

Wednesdays | February 12 - March 18 | 6:30-8:00pm



Mindfulness Program for Parents & Children

(for children ages 10+)

\$90 | 6 sessions

Thursdays | February 13 - March 19 | 6:00-7:30pm

Respite for Parents -

Sensory and Game Nights for Children

(for children ages 7-12) Hosted by SSU students.

Dinner and snacks will be provided.

\$60 per family | 3 sessions

Fridays | February 21, March 27, April 17 | 5:00-9:00pm

Respite for Parents -

Sensory and Social Playgroup for Children

(for children ages 3-6)

The Family Guidance and Therapy Center

135 Keller St - Suite C, Petaluma

\$60 per family | 3 sessions

Saturdays | February 22, March 28 , April 18 | 10am -12pm

Handling Anger: Mine & My Child's

\$90 | 6 sessions

Tuesdays | February 25 - March 31 | 6:00-8:00pm

March

Single & Parenting

\$60 | 3 sessions

Fridays | March 6 - 20 | 6:30-8:30pm

Parenting Apart Without Tears

\$60 | 3 sessions

Mondays | March 16 - 30 | 6:00-8:00pm

Raising Daughters

\$20 | 1 session

Thursday | March 26 | 6:00-8:00pm

Parenting & Coping with Stress

\$90 | 6 sessions

Fridays | March 27 - May 1 | 6:30-8:00pm

April

Positive Parenting for All Ages

\$70 | 4 sessions

Wednesdays | April 1 - 22 | 6:00-8:00pm

Raising a Child with an Ex-Partner

\$40 | 2 sessions

Thursdays | April 2 - 9 | 6:30-8:30pm



to register for classes: visit calparents.org/ classes or call (707) 585-6108 x1240. Full payment is due at time of registration. Unless otherwise noted, all classes are held at 3642 Standish Avenue, Santa Rosa, CA 95407.

spring class schedule 2020

Positive Parenting for Fathers

\$90 | 6 sessions

Thursdays | April 9 - May 14 | 6:30-8:00pm



Parenting Your Teen through the College Application Process

\$80 | 4 sessions

Tuesdays | April 7 - 28 | 9:30-11:00am

Parenting Your Teen through the College Application Process

\$80 | 4 sessions

Thursdays | April 9 - 30 | 6:30-8:30pm

Embracing Your Child with ADD/ADHD

\$20 | 1 session

Tuesday | April 14 | 6:00-8:00pm

Managing Family Anger

(for parents of children ages 6+)

\$60 | 3 sessions

Wednesdays | April 15 - 29 | 6:30-8:30pm

Handling Anger: Mine and My Child's

\$90 | 6 sessions

Tuesdays | April 21 - May 26 | 6:00-8:00pm

Raising Resilient Children

Kaiser Medical Office Building 2
401 Bicentennial Way, Santa Rosa

\$15 for Kaiser Members | 1 session

\$20 for Non-Members | 1 session

Wednesday | April 29 | 6:00-8:00pm



Triple P Online

Triple P Online (ages 2-12) or Teen Triple P Online

\$100 | 6-8 week online class

Great for parents on the go. Includes the assignment of an experienced parent educator. For more information, please call (707) 585-6108 x1240.



Parenting Consultation

Meet with an experienced parent educator for a one-on-one consultation either on site at CPI or in your home.

\$30 for 1/2 hour at CPI or over the phone

\$50 for 1 hour at CPI or over the phone

\$100 per hour in your home

Call (707) 585-6108 x1240 to schedule.



Support Groups

Parents of Children with Autism & Similar Challenges

FREE | 1st Thursday of the month

Drop in, no need to register.

Thursdays | February 6, March 5, April 2 | 9:00-11:00am

Parenting Through Recovery from North Bay Fires

A drop-in group for parents who lost their homes in the wildfires.

FREE | 1st Friday of the month

Drop in, no need to register.

Fridays | February 7, March 6, April 3 | 9:00-11:00am

horario de clases primavera 2020

Clases en Español

Criando un Niño con una Ex-Pareja

\$40 | 2 sesiones

Jueves | 30 de Enero al 6 de Febrero | 6:30-8:30pm

Disciplina Positiva

\$60 | 3 sesiones

Martes | 4 al 18 de Febrero | 6:00-8:00pm



Manejando Conflicto Familiar

\$40 | 2 sesiones

Martes | 3 al 10 de Marzo | 6:30-8:30pm

Criando Niños Resistentes

Kaiser Medical Office Building 2
401 Bicentennial Way, Santa Rosa

\$15 por miembro de Kaiser/\$20 si no es miembro de Kaiser | 1 sesión

Miércoles | 11 de Marzo | 6:00-8:00pm



Criando un Niño con una Ex-Pareja

\$40 | 2 sesiones

Martes | 31 de Marzo al 7 de Abril | 6:30-8:30pm

Disciplina Positiva

\$60 | 3 sesiones

Martes | 7 al 21 de Abril | 6:00-8:00pm



Consulta Para Padres

Reúnase con un educador de padre experto, para una consulta uno a uno. Consultas pueden ser en el sitio de CPI o en su hogar.

\$30 por media hora en CPI o por teléfono

\$50 por 1 hora en CPI o por teléfono

\$100 por hora en su casa

Llame al 707-585-6108 x1240 para registrarse.



FOLLOW US ON SOCIAL MEDIA!

para registrarse: Regístrese via internet en calparents.org/classes, o llame al (707) 585-6108 x 1220. El pago de la clase es requerido al momento de registrarse. Todas las clases tomaran lugar en 3642 Standish Avenue, Santa Rosa, CA 95407. Al menos que se indique algo diferente.

