



SEPTEMBER 2019 CLASS SCHEDULE

START DATE	DAY(S)	CLASS TIME	CLASS NAME	# OF SESSIONS	COST	LOCATION
September 4	Wednesdays	6:00-8:00pm	Parenting Apart Without Tears	3	\$60	CPI
September 4	Wednesdays	6:30-8:00pm	Parenting Your Teen through the College Application Process	4	\$80	CPI
5 de Septiembre	Jueves	6:00-8:00pm	Disciplina Positiva	3	\$60	CPI
9 de Septiembre	Lunes	6:00-8:00pm	Aprendiendo a Manejar Mi Enojo y el de Mis Hijos	4	\$70	CPI
September 9	Mondays	9:30-11:00am	Parenting Your Teen through the College Application Process	4	\$80	CPI
12 de Septiembre	Jueves	6:30-8:30pm	Criando un Niño con una Ex-Pareja	1	\$20	CPI
18 de Septiembre	Miércoles	6:00-8:00pm	Criando Niños Resistentes	1	\$15/\$20	Kaiser
September 23	Mondays	6:00-7:30pm	Mindfulness Program for Parents and Children (ages 10+)	6	\$90	CPI
September 24	Tuesdays	6:00-8:00pm	Handling Anger: Mine and My Child's	6	\$90	CPI
September 24	Tuesday	5:30-6:30pm	Understanding and Managing Problem Behavior	1	FREE	CPI
25 de Septiembre	Miércoles	6:00-8:00pm	Disciplina en Dos Hogares	1	\$20	CPI
September 25	Wednesday	6:00-8:00pm	Raising Resilient Children	1	\$15/\$20	Kaiser

For more information regarding upcoming classes, please visit us at www.calparents.org/classes. Register online or call (707) 585-6108 x1240. Full Payment is due at the time of registration. Unless indicated, no childcare available.

CHILD PARENT INSTITUTE | PARENT EDUCATION CENTER

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