



**Title:** Therapist, Perinatal Mood Disorder (PMD) Program

**Job Classification:** Non-exempt employee

**Reports to:** Parent Resources Manager

**Hours:** Part-Time, benefits eligible - 20 hours per week

### **Job Summary:**

The part-time PMD Therapist provides case management and in-home therapy for women at risk for or experiencing PMD.

### **Essential Functions:**

- Use personal vehicle to travel to clients' homes.
- Conduct initial assessment of new clients and develop treatment plans in timely manner. Review and updates treatment plans as needed.
- Follow program policies and procedures utilizing appropriate assessments and input from the team.
- Maintain accurate records about frequency of visits, content of support and discussion, community resources encouraged, parents' needs and goals, required demographic information.
- Enter progress notes for all clients within caseload in a timely manner.
- Maintain regular communication about parent/client progress, successes and concerns with supervisor and interagency connections (social worker, public health nurse, or other agency case manager).
- Attend regular meetings with Parent Resources Manager to discuss program practices, policies and procedures in a supportive learning environment.
- Attend required agency staff meeting and other meetings as determined by Parent Resources Manager (case management meetings, school meetings, other community based meetings).
- Make referrals, coordinate and advocate for appropriate aftercare resources for clients within caseload.
- Complete discharge summaries for all clients within caseload in a timely manner as prescribed by policy and procedures.
- Maintain strict confidentiality guidelines regarding all clients, conversations and referrals as required by HIPAA.
- Other duties as assigned.

### **Essential Competencies:**

- Demonstrated competencies in treatment of child abuse, trauma and domestic violence.
- Demonstrates knowledge and understanding of child development, cultural influences, and family dynamics.
- Demonstrated competencies in assessment of child and adult mental health.
- Demonstrates competencies in continuous improvement, continuous learning, accountability, and teamwork.



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- Knowledge of brief psychotherapy models including Interpersonal Psychotherapy and Cognitive Behavioral Therapy.
  - Interpersonal skills: cooperates and collaborates effectively. Displays a professional demeanor. Promotes a cohesive, team-oriented environment. Ability to work effectively with a wide range of personnel and clients in a diverse community.
  - Communications: express ideas clearly, concisely and effectively, both orally and in writing. Practice effective listening skills. Positively represents CPI to clients, employees, and outside contacts.

#### **Skills & Qualifications:**

- Experience in a social service or non-profit mental health agency recommended.
- Knowledge and understanding of professional legal and ethical obligations.
- Knowledge and experience in working with diverse populations, utilizing culturally competent, strength-based strategies.
- Ability to work a flexible schedule, including evening and weekend hours.
- Ability to work with others effectively in order to accomplish tasks and functions.
- Ability to use clinical supervision to enhance professional growth and examine clinical work.
- Proficient in PC programs, i.e. Windows and MS Word.
- Spanish/English bilingual is a plus.

**License Requirements:** must be licensed in the State of California as a Marriage and Family Therapist (MFT), Licensed Clinical Social Worker (LCSW), or a Licensed Clinical Psychologist (Ph.D.) or a post master's degree Registered Intern with required experience.

*Our mission is to end child abuse and strengthen the health of children, parents and families.*