



ANNUAL REPORT 2020/2021

A YEAR IN REVIEW

For **over forty three years**, the Child Parent Institute has been leading the fight against child abuse in Sonoma County. We not only treat victims of child abuse, but we also provide crucial services to families in our community to prevent it. **Our mission is to end child abuse and strengthen the health of children, parents, and families in Sonoma County.** Last year we supported **6,316 Sonoma County children, parents, and families** with our programs.

In this time of uncertainty, there's a fundamental truth that gives us hope-that together we can do extraordinary things. As our communities have changed so have we. Our agency has been able to make significant changes to our programs so we can continue to serve and protect children and families remotely. During the past 12 months of the pandemic we have helped 3,667 families with basic needs such as diapers, rent, utilities, food and free parenting classes. No parent or child is ever turned away for inability to pay for services.

ADVOCACY

The prevention of child maltreatment is a shared responsibility of the whole community.

Under the coordination of the Child Parent Institute, Prevent Child Abuse - Sonoma County (PCA-SC) works to establish an effective, cooperative and coordinated response to end child abuse. To achieve our mission, we do the following:

EDUCATION

OUTREACH

AWARENESS

ADVOCACY

COUNSELING SERVICES

Childhood trauma can have a huge impact on our adult lives - left unprocessed, it can shape who we become as parents. Addressing childhood trauma is essential to the wellness of our community, and it is the reason why we expanded our mental health services to serve all of Sonoma County. Therapy for children and parents helps end generational patterns of abuse and protects/strenghtens families. Last year 159 families received essential support to strengthen **parental resilience, social connections, knowledge of parenting and child development, and social and emotional competence of children.**

159 families
received
therapy



PARENT SUPPORT SERVICES

2,866 families
received parent
support services

Being a great parent is part intuition and part education -- our parent support programs give parents the tools and resources they need to make their families strong.



PANDEMIC RELIEF

Over the past year we have been able to offer emergency financial assistance and rental assistance to Sonoma County families.

3,368 families
benefited from
our Pandemic
Relief programs

"This support has truly been a blessing during times that have been very emotional and uncertain."

- PANDEMIC RELIEF PROGRAM CLIENT



YOUTH SUPPORT SERVICES

New Directions is a non-public school serving students, ages 12-22, who have had difficulty in school due to trauma and need the support of a smaller education environment with integrated individual and group counseling services. New Directions collaborated with 13 different school districts across the entire Northern California region in support of 30 students working towards their academic, social and emotional goals.

4 students
successfully
graduated from
New Directions

Protective Factors for Strengthening Families



social-emotional competence of children



parental resilience



understanding child development



social support



concrete support in times of need