

numbers of children/families we served in fiscal year 2012-2013

- 310 children experiencing trauma were provided at total of 7,173 hours of treatment through our children's counseling programs
• 1,122 high risk parents were provided a total of 4,865 home visits through our parent support services programs
• 986 parents attended parenting classes
• 1,529 supervised visits with 83 parents
• 270 elementary school students were served through our school-based programs
• Americore Volunteers worked over 3,200 hours
• Volunteers worked over 4,200 hours providing services to children and families
• 52 children were served through our collaborative autism training and support program
• 30 children attended New Directions school

accomplishments

- CPI merged with New Directions, a non-public school that provides special education services with counseling support.
• CPI broke ground on 4,600 sq.ft. for their new Parent Education Center to allow services to more families.

contributors and funders

- American River Bank, Autodesk, Axia Architects, North Bay Business Journal, Clover Stornetta, Coddling Foundation, Collaborative Council of the Redwood Empire Design Blitz, Environment Control North Bay, Inc., Exchange Bank, Firma Design Group, First 5 Sonoma County, First Community Bank, First Tech Federal Credit Union, Friedmans Home Improvement, Gene Gaffney Insurance Services, George Petersen Insurance Agency, HR Matrix, Impact100 Sonoma, Innovative Business Solutions (IBS), Janice March Fund, Jean Schulz, Kaiser Permanente, Kirby Construction, Luther Burbank Savings, Miller Foundation, Morgan Stanley, Mountain Mikes, Moss Adams LLP, Santa Rosa Rebuilding Together, SELPA, Shear Builders Inc., Signs Now, Sonoma County Health Services, SoCo Human Services Department, Smith Dollar PC, St. Josephs, Summit State Bank, United Forest Products, Inc, Weeks Drilling, Wells Fargo, Zyromski Konicek Attorneys at Law

real stories annual report 2012-2013



california parenting institute

Our mission is to end child abuse and strengthen the health of children, parents, and families.



www.calparents.org

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agency principles

- We have a strength-based philosophy and use both proven evidence-based and innovative practices to help and heal children, educate and support parents, and enhance parent competency.
• We embrace and respect all families as our clients and believe that interventions should empower both parents and children.
• We believe that seeking support or information is how change and growth occurs and we view this as a family strength, not a deficit.
• Adverse childhood experiences impact lifelong health outcomes. Thus, we assess the needs of each individual, family, and professional and offer them a coordinated menu of prevention, intervention, and advocacy services to improve the well-being of children and families.
• We make referrals and coordinate with other health and social service providers.

The cornerstone of our agency is the commitment to design services that are community-focused, strength-based, culturally-sensitive and merited as "best-practice." CPI is committed to utilizing programs that are evidence-based and offer measureable performance outcomes. CPI has demonstrated the ability to "think out of the box" as our community's needs have dramatically increased and our resources have become scarcer.

key strategy

A key strategy which is integrated into all of our programs is the "Strengthening Families - Five Protective Factors". The protective factors include:

- 1. Parental resilience
2. Social connections
3. Knowledge of parenting and child development
4. Concrete support in times of need
5. Children's social and emotional development

These five protective factors have proven effective in the prevention of child abuse and neglect.

overview of services

parent education and support: CPI provides a wide range of parent education and support services designed to meet the changing needs of the community. Families may just be looking for a new strategy or may be facing a multitude of psychosocial stressors, including substance abuse, domestic violence, gang involvement and poverty. Services include parenting classes at our Family Resource Center and within the community at other sites; home visitation services; supervised visitation services for children and their parents providing a neutral third-party as well as programs for children and families going through divorce.

children's counseling services: CPI provides children's counseling services funded by Medi-Cal and California Office of Emergency Services (OES). We serve child and adolescent victims of abuse, neglect, domestic violence, school violence, community violence, abduction or endangering home environments such as parental substance abuse. Over 70% of the children we saw this past year were impacted by domestic violence in addition to other trauma, abuse and neglect.

new directions: our non-public school serves youth ages 11 - 22 in need of special education services with intensive education and counseling support. Individual tools are provided for each student to help them realize their full potential, with the goal of re-integration into district classrooms.

collaborative autism training and support (CATS): this program helps to enrich the lives of children with autism spectrum disorders and their families by providing direct care, family education, training service providers and raising local awareness of autism. CATS is a partnership between CPI and Sonoma State University.

advocacy: CPI coordinates the local child abuse council, Prevent Child Abuse-Sonoma County, which strategically leads the community's efforts to prevent child abuse in Sonoma County.

With this broad range of services, CPI touches the lives of many families in Sonoma County, providing essential support, education and treatment to children and families struggling with significant challenges.

Parents and children: our nation's most valuable natural resource

