

building brighter futures for our children and families

# New Directions School

# CHILD PARENT INSTITUTE

Since 1978, CPI has been a leader in parent education and children's mental health in Sonoma County. We recognize that all children and families affected by trauma deserve access to the best possible care provided by a trained, compassionate, and supported workforce. We're proud to say that the New Directions School is part of our continuum of care.

## NEW DIRECTIONS

New Directions is fully certified as a non-public school by the California Department of Education, and contracts with the Sonoma County Office of Education and each public school district in Sonoma County. We serve students in grades 5-12 who have social/emotional issues and have had difficulty in school due to experiencing trauma. Our students need the support of a small school environment with intensive counseling support.

New Directions School is seeking a dynamic art therapist to provide individual, group, and family art therapy services within our non-public school. The position is a full time, school-year position. Currently all of the clinicians at New Directions are art therapists and the school has a 30 year history of providing trauma based art therapy services. Art therapy and MFT supervision will be provided, and the position is open to all art therapists who are licensed or working towards licensure. Within the community there are also opportunities for participation and development of research projects and collaborative interdisciplinary projects.

#### WHAT OUR TEAM LOVES ABOUT WORKING HERE:

- We provide comprehensive staff development & mentor-ship
- We maintain small class sizes and high teacher/student ratios
- We offer a generous benefits package and fantastic work-life balance
- Our staff is eligible for federal student loan forgiveness programs

#### Job summary:

Our Licensed Therapists and Therapist Interns are responsible for providing individual and group services in a school setting. Under the school's Clinical Supervisor, Therapists coordinate case management activities in accordance with federal, state and local standards, guidelines, regulations and established policies and procedures of New Directions. Weekly art therapy supervision is provided by an ATR-BC.

#### Essential functions:

- Conducts initial assessment of new clients as requested. Develops client plans in timely manner. Follows program policies and procedures utilizing appropriate assessments and input from the clinical supervisor and treatment team.
- Reviews and updates treatment plans and attends Individualized Education Program meetings.
- Conducts individual and group sessions within the scope of practice, as assigned and monitored by the Clinical Supervisor, pursuing approved treatment modality and best practices.

- Enters progress notes on a daily basis for all clients within caseload; ensures that progress notes are accurate and refer to problems identified on the treatment plan, address progress and gains as related to treatment goals. Documents incidents or unusual occurrences at the time that it happens.
- Makes referrals, coordinates and advocates for appropriate aftercare resources for clients within caseload.
- Completes discharge summaries for all clients within caseload in a timely manner as prescribed by policy and procedures.
- Attends all scheduled staff meetings and completes timesheets accurately and on time.
- Acts as a mandated reporter in accordance with California law.

#### Essential competencies:

- Demonstrates interest and some knowledge of treatment of child abuse and domestic violence.
- Demonstrates knowledge and understanding of child development, cultural influences, and family dynamics.
- Demonstrates competencies in continuous improvement, continuous learning, accountability, and teamwork.
- Interpersonal skills: cooperates and collaborates effectively. Displays a professional demeanor. Promotes a cohesive, team-oriented environment. Works effectively with a wide range of personnel and clients in a diverse community.
- Communications: expresses ideas clearly, concisely and effectively, both orally and in writing. Practices effective listening skills. Positively represents CPI & New Directions to clients, employees, and outside contacts.

## Knowledge/skills/experience:

- Interns must be registered with BBS as IMF, PCCI or ASW.
- Minimum of two (2) years' experience in the mental health field.
- One (1) year experience as a mental health therapist while enrolled in a graduate program preferred.
- Art therapy education and experience preferred.
- Experience working with adolescents and their families.
- Experience in a social service or non-profit mental health agency recommended.
- Knowledge and understanding of professional legal and ethical obligations.
- Knowledge and experience in working with diverse populations, utilizing culturally competent, strengthbased strategies.
- Ability to perform age appropriate psychosocial assessments, develop treatment plans, interprets findings and treatment goals to clients and families.
- Maintain strict confidentiality guidelines regarding all clients, conversations and referrals.
- Ability to use clinical supervision to enhance professional growth and examine clinical work.
- Bilingual (Spanish/English) preferred.
- Knowledge of Medi-Cal paperwork and CANS certified a plus.

**License Requirements**: This position is open to licensed clinicians (LMFT, LCSW) and registered interns. Interns are provided with group and individual supervision by a Clinical Supervisor as required by their licensing board.

**Benefits**: This is a full time position with benefits including medical & dental coverage, PTO and sick time, Flex Spending Account, and a 403b retirement savings plan.